

# Hey, Kids! Who Can You Trust?

When you trust someone, you feel safe with them. You trust them to take care of you and always keep you safe. Someone you trust would never put you in danger or harm you.

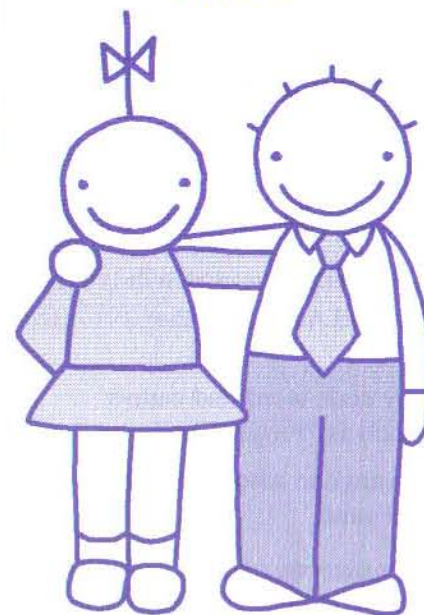
People you can trust are called **Trusted Adults** or **Safety Friends**. Do you know who your Safety Friends are?

## Your Safety Friends



# ALL ABOUT T

Teaching  
Children  
About  
Trust



# T RUST T



# All About Trust

All children should have adults they can count on to keep them safe, such as parents, grandparents, aunts and uncles, teachers or the principal, babysitters, or a caregiver. It is hard to know who to trust, especially for children with their limited powers of discernment. The following points will help in explaining the concept of trust and in establishing who children can trust.

## What is trust? Who can be trusted?

- When you trust someone, you feel safe with them. You trust them to take care of you and always keep you safe. Someone you trust would never put you in danger or harm you. People you trust who are adults are called Trusted Adults. They always want what is best for you.
- Many Trusted Adults can also be called Safety Friends. You may not know your Safety Friends very well, like the law enforcement officer, firefighter, doctor, or nurse. They protect us and keep us safe. You can go to them if you need help.

## Ways to tell safe people from unsafe people:

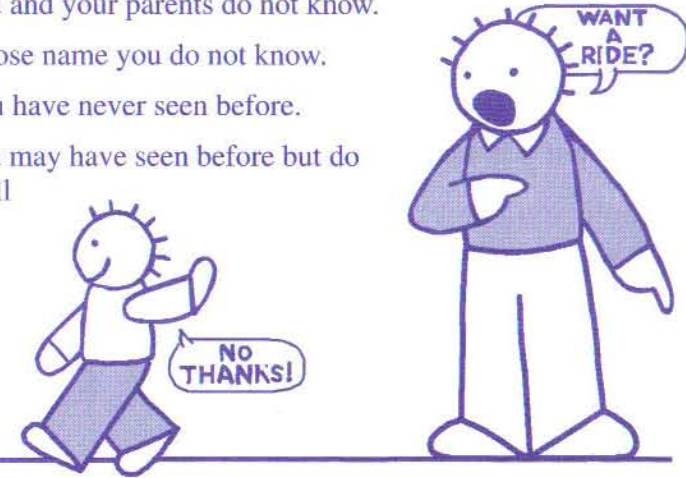
- Most people are not dangerous and will not try to hurt you.
- Know who the Trusted Adults are that it is safe to go with.

1. Select a family code word that cannot be guessed, such as "Purple Sky."
2. Never go with anyone who does not know the code word.
3. Only you, your parents, and the person who has been asked by your parents to pick you up should know the code word.
4. Pick a new code word from time to time.



- Know what a stranger is. A stranger is someone who is:

1. A person you and your parents do not know.
2. A person whose name you do not know.
3. Someone you have never seen before.
4. A person you may have seen before but do not know well or someone your parents do not know.



- If someone you do not know (a stranger) asks you for help or directions:
  1. Politely say that you cannot help them.
  2. Stay a safe distance away from them or the car they are in.
  3. Get away fast!
  4. Never leave with someone you do not know who does not know your code word.
  5. Report any person who keeps bothering you to a Trusted Adult.

- A dangerous person may be:

1. A man, woman, boy, or girl.
2. Big, small, old, or young.
3. Someone who pretends to be nice.
4. Someone who may want to harm you.



- Report anyone who makes you feel uncomfortable or anyone who asks you to keep a "secret" from your parents. Tell your parents or another Trusted Adult right away!